

Meet Info - HS: Timberlake Invite

Who: High School Track and Field

What: Timberlake Invite

When: Friday April 26, Field Events @ 3pm, Running Events @ 3:30

Where: Timberlake High School

Depart: Leave Charter Immediately after school.

Return: around 7pm

Necessary Items:

- Uniform and track gear (warm-ups, training shoes, spikes, etc.)
 - Weather appropriate gear (change of clothing, rain gear, hats, gloves)
 - Water
 - Food (snacks for morning and afternoon and some kind of lunch)
 - A few dollars for gas money to their parent driver
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Coaches:

- Robby Miles - 818-6426
 - Caleb Orr - 819-4953
 - Jake Bowman - 818-3396
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Travel Directions:

- US-95 North to ID-53 West
 - Turn left on ID-53 West
 - Turn right on ID-41 North
 - Turn right on ID-54 and the track will be on your left
 - 5973 W. Highway 54, Spirit Lake, ID 83869
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Notes:

- We will likely miss the first event and possibly the second. This is just part of being a Charter student and adhering to our school's mission statement. Be sure to get in a full warmup before your events. Work harder in your other events and set some PRs.